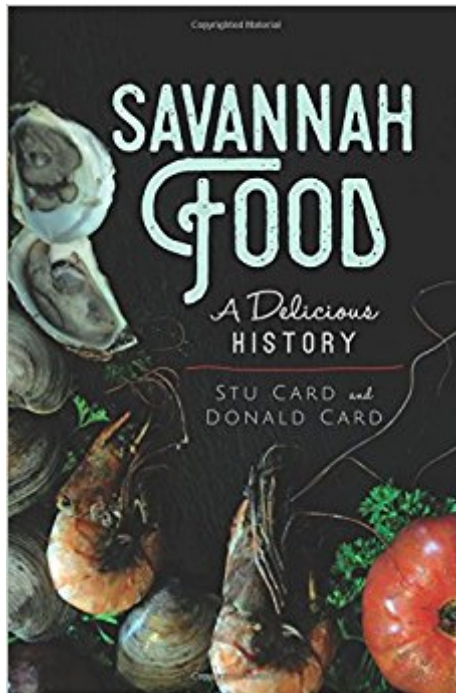




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Savannah Food: A Delicious History (American Palate)



Synopsis

Savannah's remarkable cuisine is a reflection of its unique history. Delicate local ingredients are balanced carefully using time-honored techniques to produce unforgettable dishes. Initially a colonial experiment of sorts, Savannah became not only the first capital of Georgia but also the capital of all Lowcountry cuisine. From the insolvent freed from debtors' prisons to help seek new cash crops for England to the religious refugees from Austria-Germany and the Scottish Highlanders, Savannah's eclectic European influences mix neatly with traditional Gullah techniques, surprising local ingredients and world-class seafood. Follow authors and award-winning Savannah Taste Experience Food Tour operators Stu and Donald Card on their journey to find the roots of Savannah's famed dishes and the current restaurant renaissance.

Book Information

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Customer Reviews

Documenting a food scene as rapidly evolving as Savannah's—especially recently—is a challenge. But the new book *Savannah Food: A Delicious History*, by Stu and Donald Card, does an admirable job of hitting the high spots and trends. I'm a sucker for cuisine books with a healthy dose of history. And the history in *Savannah Food* is compelling, but never overwhelming or tedious. As you might expect, the journey begins in the Colonial era. One of the first notable gathering places in town was Tondee's Tavern, site of sedition against the crown. While the tavern itself burned in the great fire of 1796, occupying the Broughton Street lot today is The Coffee Fox—a wonderful nod to the continuity that food and drink traditions can bring to a city. Connect

Savannah

Brothers Stu Card, a partner of a busy law firm, and Donald Card, a broadcast operations specialist for a major news outlet, fell in love with Savannah and its food culture when they came to career crossroads. With the long, rich history, beautiful architecture, amazing people and unique Lowcountry speed of life, it didn't take them long to realize that their future laid in showing off the Hostess City's greatest bites. Out of this passion grew the highly rated, award-winning food tour, Savannah Taste Experience. Stu and Donald's research, operations and developing of historical stories for Savannah Taste Experience has entertained tens of thousands of guests for more than five years. It is this perspective--running deliciously fun food tours in the Historic District--that led the brothers to put some of these fascinating stories on paper. This is Stu and Donald's first published book.

Well written and informative.

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